



Anal Neuromodulator (Botox, Dysport) Injection Treatment Instructions

Pre-Treatment

- There is no need for bowel preparation prior to the procedure.
- Avoid taking aspirin or other non-steroidal anti-inflammatory drugs such as Ibuprofen, Advil®, Motrin®, Aleve®, Celebrex®, Fish oil, Ginko Biloba, St. John's Wort and high doses of vitamin E for 7-10 days prior to procedure, as these may cause increase risk of bleeding and bruising at the treated site(s). Regular multi-vitamin and Tylenol® is permitted (If not contraindicated).
 - If you're on blood thinning medications for a medical condition, please consult with your doctor before discontinuing.
- Avoid consuming alcohol 24h prior to your appointment.

Post-Treatment

- Avoid Ibuprofen, Advil or Motrin for at least 48h.
 - Tylenol is acceptable to take if experiencing discomfort (if not contraindicated)
- Take it easy and relax the rest of the day. You may resume normal activity the day after your treatment.
- Notify your provider of any heavy bleeding with bowel movements.
- Results can often be felt within 2 weeks with maximum result being around 4 weeks.
- About 5% of patients notice an increase in passing gas. These symptoms resolve over time.
- Dietary restrictions are not necessary following Botox injections.
 - It is best to avoid alcohol for up to 1 week.
 - To prevent constipation, take two tablespoons of natural wheat bran, natural oat bran, or any over the counter fiber supplement with 7-8oz of water for 3-5 days after the procedure.
- If getting treatment for a fissure, do not use enemas or insert anything into the anus for at least 6wks
- Follow up with your provider in 4-6wks to assess treatment efficacy and evaluate for potential re-treatment.

**Your experience and satisfaction are incredibly important to us at Beauty FX.
If you are ever unhappy with your treatment for any reason, please let us
know so we can do our best to make it right.**