



Neuromodulator (Botox, Dysport) Treatment Instructions

Pre-Treatment

- Ideally, schedule your appointment at least 4wks before a major event like a wedding or holiday to ensure the treatment has time to fully settle and allow time for any touchup, if needed.
- Avoid taking aspirin or other non-steroidal anti-inflammatory drugs such as Ibuprofen, Advil®, Motrin®, Nuprin®, Aleve®, Celebrex®, Fish oil, Ginko Biloba, St. John's Wort and high doses of vitamin E for 7-10 days prior to procedure, as these may cause increase risk of bleeding and bruising at the treated site(s). Regular multi-vitamin and Tylenol® is permitted (If not contraindicated).
 - If you're on blood thinning medications for a medical condition, please consult with your doctor before discontinuing.
- Avoid consuming alcohol 24h prior to your appointment.

Post-Treatment

- Avoid Ibuprofen, Advil or Motrin for 48h. Tylenol is acceptable to take if experiencing discomfort (if not contraindicated)
- You can "flex" the injected muscles for 30-45min after your treatment to help the Botox absorb faster, but it will not negatively affect your treatment if you don't.
- Do not exercise for 4-6h after treatment
- No hats, headbands, or any pressure on the treated area for 4-6h after treatment.
- Tenderness at the injection site, bruising, and sometimes headaches are common after treatment. DO NOT put pressure using ice on the area unless directed by your provider.
- Results can often be seen starting within 3-5 days and can take 10-14days to reach maximum effect.
- After 2 FULL weeks, if you notice any issues with your treatment, please notify your provider.
 - **Corrections** are always complimentary, but if you just want **more** toxin (i.e. less movement), then that is paid for at the per-unit price.
- Results often last between 3-4mo
 - Light dose= shorter duration, but more natural movement
 - Heavy dose= longer duration, but less natural movement
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**Your experience and satisfaction are incredibly important to us at Beauty FX.
If you are ever unhappy with your treatment for any reason, please let us
know so we can do our best to make it right.**