



CoolPeel Treatment Instructions

Pre-Treatment

- Please avoid excessive sun exposure, tanning beds, or self/spray tans for 2 weeks prior to your appointment.
- Discontinue the use of AHA/BHAs, benzoyl peroxide, retinols and other potentially irritating products 3-4 days prior.
- Men, please come with facial hair neatly trimmed and lined up to maximize treatment area.
- If you have a history of herpes infection (cold sores), you may wish to start an anti-viral medication on the day prior to your peel and continue for 7 days.
 - Your provider can assist with getting you this prescription if needed.
- Please arrive to your appointment with a clean face with NO makeup.

Post-Treatment

- Do not wash your face for at least 5h after your treatment.
- The evening of your treatment and the morning after:
 - Wash your face with the Gentle Cleaner, pat dry
 - Apply half of the remaining V-Tech exosomes from the syringe. Rub in well and allow to dry completely
 - Apply half of the V-Tech Gel Mask from the gold packet, rub in well and allow to fully absorb and dry.
 - Apply thin layer of Hydrating Cream if needed
- AM/PM after that for 5-7 days or until sandpaper feeling is completely gone:
 - Wash with Gentle Cleanser
 - Apply thin layer of Hydrating Crème (can be applied 2-3x/day as needed)
 - Apply sunscreen daily (at least SPF 30)
- Your skin may feel warm like a sunburn for 2-4h post-treatment, you may use a cool compress for comfort
- Avoid strenuous exercise and sweating for 24h
- Avoid procedures, such as facials, hair removal, microdermabrasion, and laser for 2 weeks
- Avoid make-up for at least 24h, then use clean applicators and mineral based make-up products.
- Skin may feel like sandpaper for 4-7 days. Do not scrub or use exfoliants to remove it, allow it to come off naturally.
- Once the “sandpaper” feeling has resolved, you may slowly resume your normal skincare routine.

Your experience and satisfaction are incredibly important to us at Beauty FX. If you are ever unhappy with your treatment for any reason, please let us know so we can do our best to make it right.