



Filler (Juvederm, Restylane) Treatment Instructions

Pre-Treatment

- Ideally, schedule your appointment at least 4wks before a major event like a wedding or holiday to ensure the treatment has time to fully settle and allow time for any touchups, if needed.
- Avoid taking aspirin or other non-steroidal anti-inflammatory drugs such as Ibuprofen, Advil®, Motrin®, Aleve®, Celebrex®, Fish oil, Ginko Biloba, St. John's Wort and high doses of vitamin E for 7-10 days prior to procedure.
 - If you're on blood thinning medications for a medical condition, please consult with your doctor before discontinuing.
- Avoid consuming alcohol 24h prior to your appointment.
- NO dental work (including teeth cleaning) for 2wks before AND after treatment
- Please have a small snack before you arrive
- Please come with a clean face (NO MAKEUP or heavy moisturizer)

Post-Treatment

- Avoid Ibuprofen, Advil or Motrin for at least 48h. Tylenol is acceptable to take if experiencing discomfort (if not contraindicated)
- If there is bruising or swelling after treatment, you can take Arnica pills (available over the counter) as directed on the package for 3-5 days.
- You may ice the area with GENTLE pressure after your treatment.
- Patients should avoid strenuous exercise for 48 hours to prevent moving the filler or increasing blood flow to the face (thus increasing bruising).
- No excessive pressure on the treated area for 48-72h
- Filler can take up to 2wks to fully settle. Lumps, bumps, unevenness, and swelling are common in the first 2wks.
- After 2 FULL weeks, if you notice any issues with your treatment, please notify your provider.
 - **Corrections** are complimentary, but if you just want **more**, then that is paid for at the usual price.
- Please notify your provider of any excessive redness, swelling, or drainage from your injection sites.
- Please notify your provider **immediately** if you notice any abnormal appearing bruising or discoloration or bruising in an area that was not injected (i.e. on the side of your nose after smile line injections)



Your experience and satisfaction are incredibly important to us at Beauty FX. If you are ever unhappy with your treatment for any reason, please let us know so we can do our best to make it right.