



## Scrotox (Scrotal Neuromodulator) Injection Treatment Instructions

### **Pre-Treatment**

- There is no special preparation required prior to your appointment.
- Avoid taking aspirin or other non-steroidal anti-inflammatory medications such as Ibuprofen, Advil®, Motrin®, Aleve®, Celebrex®, fish oil, Ginkgo biloba, St. John's wort, and high doses of vitamin E for 7–10 days prior to treatment, as these may increase the risk of bruising or bleeding at the injection sites. Regular multivitamins and Tylenol® are permitted (if not contraindicated).
- If you are taking prescription blood-thinning medications for a medical condition, please consult with your prescribing provider before discontinuing.
- Avoid alcohol for at least 24 hours prior to your appointment.

### **Post-Treatment**

- Avoid Ibuprofen, Advil®, or Motrin® for at least 48 hours following treatment. Tylenol® may be used for discomfort if needed (if not contraindicated).
- Mild tenderness, swelling, redness, or bruising in the treated area is common and typically resolves within several days.
- Take it easy for the remainder of the day. You may resume normal daily activities the following day.
- Avoid strenuous exercise, heavy lifting, cycling, or activities that place prolonged pressure on the groin area for 24 hours.
- Avoid hot tubs, saunas, steam rooms, and prolonged heat exposure for 48 hours.
- Wear supportive but comfortable underwear for the first 24–48 hours to minimize swelling and discomfort.
- Results typically begin to be noticeable within a few days, with full effects developing around 2 weeks after treatment.
- Some patients experience temporary increased sweating, heaviness, or a “relaxed” sensation in the scrotum as the medication takes effect. These sensations are expected and improve as the body adjusts.
- Avoid sexual activity for 24 hours, or until tenderness has resolved.
- Do not massage or manipulate the treated area unless instructed by your provider.
- Follow up with your provider in 2-4 weeks to assess treatment results and determine if dose adjustments or future treatments are needed.

**Your experience and satisfaction are incredibly important to us at Beauty FX.  
If you are ever unhappy with your treatment for any reason, please let us  
know so we can do our best to make it right.**