



TetraPRO CO2 Treatment Instructions

Pre-Treatment

- Please avoid excessive sun exposure, tanning beds, or self/spray tans for 2 weeks prior to your appointment.
- Discontinue the use of AHA/BHAs, benzoyl peroxide, retinols and other potentially irritating products 3-4 days prior.
- Men, please come with facial hair neatly trimmed and lined up to maximize treatment area.
- If you have a history of herpes infection (cold sores), you may wish to start an anti-viral medication on the day prior to your peel and continue for 7 days.
 - Your provider can assist with getting you this prescription if needed.
- Please arrive to your appointment with a clean face with NO makeup.

Post-Treatment

- You may experience a burning sensation for 2-3 hours immediately after the treatment or overnight. Cooling with a cool compress (not direct ice) can provide relief to the treated area. Make sure to enclose the cool pack in a clean covering.
- Swelling is common and expected for after treatment, especially around the eyes and is usually worse first thing in the morning.
 - An allergy medicine like Benadryl, Zyrtec, or Allegra can be taken daily to help calm the body's histamine response.
- You might experience pinpoint bleeding. If this occurs, gently pat the area using a clean gauze pad to stop the bleeding.
- The evening of your treatment and the morning after:
 - Wash your face with the Gentle Cleaner, pat dry
 - Apply half of the remaining V-Tech exosomes from the syringe. Rub in well and allow to dry completely
 - Apply half of the V-Tech Gel Mask from the gold packet, rub in well and allow to fully absorb and dry.
 - Apply thin layer of Hydrating Cream
 - You may reapply Hydrating Crème as needed



- For the next 5-7 days:
 - Cleanse the skin am and pm with ZO Gentle Cleanser, then apply thin layer of Hydrating Crème followed by SPF of at least 30+
 - You may also apply ZO Hydrating cream to the treated area 3-4 times a day as needed for the next 5-7 days. This will promote healing as well as reduce the risk of infection. You may also do vinegar soaks (1/2 TBS white vinegar to 1 cup water) multiple times a day to soothe the skin and promote healing.
- After peeling is complete, continue to use Cleanser, Daily Power, and Hydrating Crème am and pm until 2 weeks post-treatment, then you may resume your regular skincare routine.
- The newly generated skin is sensitive and must be protected from both sunlight and heat. Use ZO Daily Sheer sunblock or a mineral based sunblock with a broad spectrum SPF of at least 30+. Use an umbrella, cap or any available protections against outdoor sun light.
- When the skin returns to intact state (no peeling), you may wash, apply mineral makeup, shave, or take a shower regularly.
- Depending on your skin type, you may also be instructed to use ZO Pigment Control Crème twice a day for 2 weeks once the peeling has stopped to prevent post-inflammatory hyperpigmentation.
- Avoid using alcohol-containing or harsh cosmetics at least for 2 weeks after the treatment.
- Avoid vigorous activity for the first week post treatment or until initial healing has occurred. Increased irritation may result from any activity that increases blood flow or body temperature (i.e. alcohol consumption, exercise, sauna).

Your experience and satisfaction are incredibly important to us at Beauty FX. If you are ever unhappy with your treatment for any reason, please let us know so we can do our best to make it right.